

## ***Lamont Christian School***

### ***15th Annual Run/Walk***

**&**

### ***Flapjack Breakfast***

Lamont Christian School is hosting its 15<sup>th</sup> Annual “Lamont Christian Run/Walk”. The event will take place in scenic Lamont, located between Allendale and Coopersville, along Leonard St & through Lamont Farms. This event is a fund-raiser to help offset the cost of educating our students. We welcome you to enjoy the morning which includes a 3 Mile Run/Walk, and a free “Gator Gallop” mini run for kids. After the run, enjoy a Flapjack Breakfast.

Breakfast is by donation  
(Free for Racers & Volunteers)



**Time:** Race begins at 8:00am for runners and walkers. The “Gator Gallop” for kids will begin around 8:45am near the start/finish line.

**Awards:** Award ceremony will follow the Gator Gallop. Approximately 9:00am.

**NEW!** Medals will be handed out for 1st, 2nd, & 3rd place finishers in the 4 divisions

- \*Boys 14 & under
- \*Ladies 14 & under
- \*Men 15 & up
- \*Women 15 & up

**Race Course:** The race starts and ends at Lamont Christian School. The race will run through Lamont Farms.

**Sponsor the Race!**  
Info on our website:  
[www.lamontcs.org](http://www.lamontcs.org)



**LAMONT CHRISTIAN SCHOOL**

*Pavement | Stroller Friendly*

**Saturday, May 3, 2025**

**\$30**

*[Breakfast & T-Shirt included]*

**[No Shirts after April 16]**

**VOLUNTEERS NEEDED!**

Sign up by April 3 & get a free shirt!

**Mail or Drop Off  
Registrations to:**

Lamont Christian School  
5260 Leonard Street  
Coopersville, MI 49404  
M-F 8:30am - 3:30pm

# REGISTRATION FORM

Please fill out one form per person.

\_\_\_\_\_ \$30 per person  
(postmarked by April 16)

\_\_\_\_\_ \$30 per person (4/17 - 5/3)  
\*No T-Shirt

\_\_\_\_\_ Shirt only, \$12/youth or \$15/adult

\_\_\_\_\_ Volunteer for the Event

\*T-Shirts only guaranteed to runners  
registered by 4/16/25.

Name of Runner:

\_\_\_\_\_

Circle: Male / Female

Age: \_\_\_\_\_

Phone Number:

E-Mail:

\_\_\_\_\_

Circle T-Shirt Size:

Youth: YS YM YL

Unisex: S M L XL XXL

Waiver/Release: Please read and sign  
below. Parents must sign for children  
under 18.

I know that running/walking a race is a  
potentially hazardous activity. I should  
not enter to run/walk unless I am  
medically able and properly trained. I  
assume all the risks associated with  
running in this event including, but not  
limited to falls, contact with other  
participants, the effects of the weather,  
traffic, and the condition of the roads, all  
such risks being known and appreciated  
by me. Having read this waiver and  
knowing the facts and in consideration of  
you accepting my entry, I for myself and  
anyone entitled to act in my behalf, waive  
and release Lamont Christian School and  
all their sponsors, their representatives,  
and successors from all claims or  
liabilities of any kind arising out of my  
participation in this event. I grant  
permission to all the foregoing to use any  
photographs, motion pictures,  
recordings, or any other records of this  
event for any legitimate purpose.

I understand and agree to this waiver and  
release.

\_\_\_\_\_

Signature

Date

for

## LAMONT CHRISTIAN SCHOOL

Saturday, May 3, 2025



# 3 MILE RUN/WALK