

Lamont Christian School

15th Annual Run/Walk

&

Flapjack Breakfast

Lamont Christian School is hosting its 15th Annual “Lamont Christian Run/Walk”. The event will take place in scenic Lamont, located between Allendale and Coopersville, along Leonard St & through Lamont Farms. This event is a fund-raiser to help offset the cost of educating our students. We welcome you to enjoy the morning which includes a 3 Mile Run/Walk, and a free “Gator Gallop” mini run for kids. After the run, enjoy a Flapjack Breakfast.

Breakfast is by donation
(Free for Racers & Volunteers)



Time: Race begins at 8:00am for runners and walkers. The “Gator Gallop” for kids will begin around 8:45am near the start/finish line.

Awards: Award ceremony will follow the Gator Gallop. Approximately 9:00am.

NEW! Medals will be handed out for 1st, 2nd, & 3rd place finishers in the 4 divisions

- *Boys 14 & under
- *Ladies 14 & under
- *Men 15 & up
- *Women 15 & up

Race Course: The race starts and ends at Lamont Christian School. The race will run through Lamont Farms.

Sponsor the Race!
Info on our website:
www.lamontcs.org



LAMONT CHRISTIAN SCHOOL

Pavement | Stroller Friendly

Saturday, May 3, 2025

\$30

[Breakfast & T-Shirt included]

[No Shirts after April 2]

VOLUNTEERS NEEDED!

Sign up by April 3 & get a free shirt!

**Mail or Drop Off
Registrations to:**

Lamont Christian School
5260 Leonard Street
Coopersville, MI 49404
M-F 8:30am - 3:30pm

REGISTRATION FORM

Please fill out one form per person.

_____ \$30 per person
(postmarked by April 2)

_____ \$30 per person (4/3 - 5/3)
*No T-Shirt

_____ Shirt only, \$12/youth or \$15/adult

_____ Volunteer for the Event

*T-Shirts only guaranteed to runners registered by 3/2/25.

Name of Runner:

Circle: Male / Female

Age: _____

Phone Number:

E-Mail:

Circle T-Shirt Size:

Youth: YS YM YL

Unisex: S M L XL XXL

Waiver/Release: Please read and sign below. Parents must sign for children under 18.

I know that running/walking a race is a potentially hazardous activity. I should not enter to run/walk unless I am medically able and properly trained. I assume all the risks associated with running in this event including, but not limited to falls, contact with other participants, the effects of the weather, traffic, and the condition of the roads, all such risks being known and appreciated by me. Having read this waiver and knowing the facts and in consideration of you accepting my entry, I for myself and anyone entitled to act in my behalf, waive and release Lamont Christian School and all their sponsors, their representatives, and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other records of this event for any legitimate purpose.

I understand and agree to this waiver and release.

Signature

Date

for

LAMONT CHRISTIAN SCHOOL

Saturday, May 3, 2025



3 MILE RUN/WALK